

**SAMPLE LETTER FOR PATIENT TO REQUEST COVERAGE**  
**FOR PROMETHEUS<sup>®</sup> TPMT Enzyme**

*(Please edit appropriately based upon your own information and medical history)*

<DATE>

Red Cross Red Shield  
P.O. Box 12345  
Los Angeles, CA 90060

Dear Medical Director, Preauthorization Department:

I am writing to request coverage for the diagnostic test that my gastroenterologist, Dr. Ulysses Grant at Sunnyside Community Hospital in San Diego, CA ordered: PROMETHEUS<sup>®</sup> TPMT Enzyme. My doctor and I feel that this test is a medically necessary step toward my treatment. We would like to use the PROMETHEUS TPMT Enzyme serology test to evaluate my phenotypic profile concerning my individual risk and likely response to thiopurine immunosuppressant therapy.

**PATIENT INFORMATION**

Name: Jane Doe  
Date of Birth: November 12, 1985  
Insurance ID: XXX123456789  
Policy Holder: Mr. John Doe

*(List information relevant to your symptoms and treatment)*

**TEST DESCRIPTION**

PROMETHEUS TPMT Enzyme testing provides a quantitative analysis of a patient's thiopurine methyltransferase (TPMT) enzyme activity level. Because each patient metabolizes thiopurines differently, the efficacy and toxicity of thiopurines can vary widely from patient to patient. Knowledge of the TPMT enzyme phenotype may: reduce time to response, allow physicians to individualize dosing, identify patients in whom thiopurine therapy should be avoided and help reduce the risk of leukopenia.

PROMETHEUS TPMT Enzyme is performed only at Prometheus Laboratories Inc., a clinical reference laboratory in San Diego, California. Prometheus is CLIA certified and CAP accredited. All laboratory tests have been validated in accordance with the guidelines established by these and other applicable agencies. Extensive studies have been performed. Currently, Food and Drug Administration (FDA) approval is not required for testing performed by Prometheus.

**NETWORK PROVIDER SERVICES**

Dr. Grant and I prefer using Prometheus to perform TPMT Enzyme serologic testing instead of alternative in-network laboratory testing because this specific test is performed by Prometheus and because of the information provided on their comprehensive report.

>OR<

There is no in-network laboratory in my area willing to refer the test or able to provide comparable testing.

**LABORATORY AND PHYSICIAN INFORMATION**

For additional information about the PROMETHEUS® TPMT Enzyme test contact Prometheus Laboratories Inc. at 1-888-423-5227. If you require additional medical information, please contact Dr. Grant at XXX-XXX-XXXX.

Please approve full coverage for PROMETHEUS TPMT Enzyme or at least apply in-network benefit coverage for this test.

Thank you for your prompt attention. I look forward to receiving a written response from you within two weeks.

Sincerely,

Jane Doe  
1234 Main Ave.  
Los Angeles, CA 90210  
XXX-XXX-XXXX

cc: Dr. Ulysses Grant

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